

Neighbourhood Health 2017/18

The Health Improvement Fund

Cash to Create Healthier Communities



The Health Improvement Fund is to kick start local initiatives to improve health and wellbeing in communities across Aberdeen. The funding has also been extended to include Food In Focus monies to support local community food work.



What people are saying about The Health Improvement Fund...

Building a Hen Hoose – Tor-Na-Dee Care Home

"It is very important for our residents to be able to go outside and get fresh air. The chickens are a great attraction. It is a focal point for interaction and we have residents here who don't speak or interact much and they'll talk to people and the chickens"



Middlefield Hub Cooking Group

"I really enjoyed the six weeks and learned a lot about cooking with less fat and sugar. My child enjoyed the food I made and this has encouraged me to start cooking from scratch at home. I liked the course so much that I have signed up to go on the volunteer's C2C course. It will help when I visit the Career's Office."



The Creators Club - Kincorth /Leggart Community Council

"A lego club has been launched for children in an Aberdeen community called the Creators Club at Kincorth Library for 8-11 year olds. A community council member has said 'It is the community council's hope that the club funded through HIF will encourage more people into the library. Play has shown to improve creativity, problem solving skills, memory and the attention span of children. It is open to all children of all abilities, irrespective of any health issue. The club will create displays in the library showing the young people's creation"



Key Principles

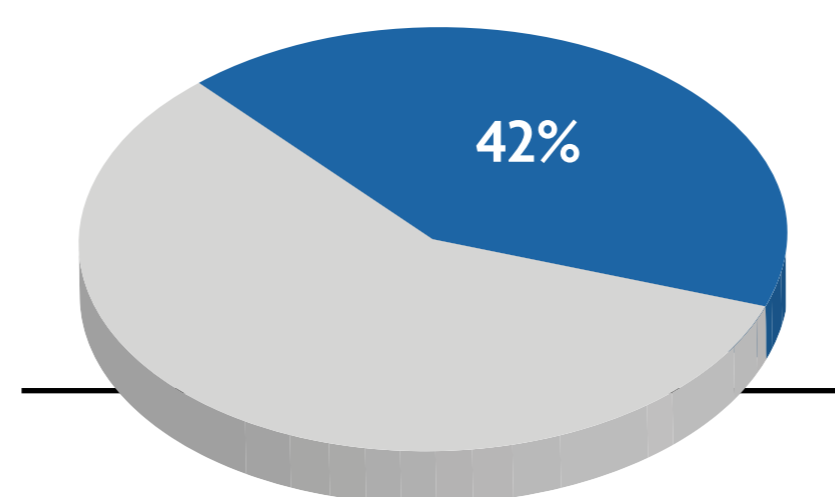
- Inspire members of the community to get involved
- Meet local needs and reflect local circumstances
- Are innovative and creative
- Join people together
- Help to make Aberdeen a healthy and happy place for all

Highlights of 2017/18

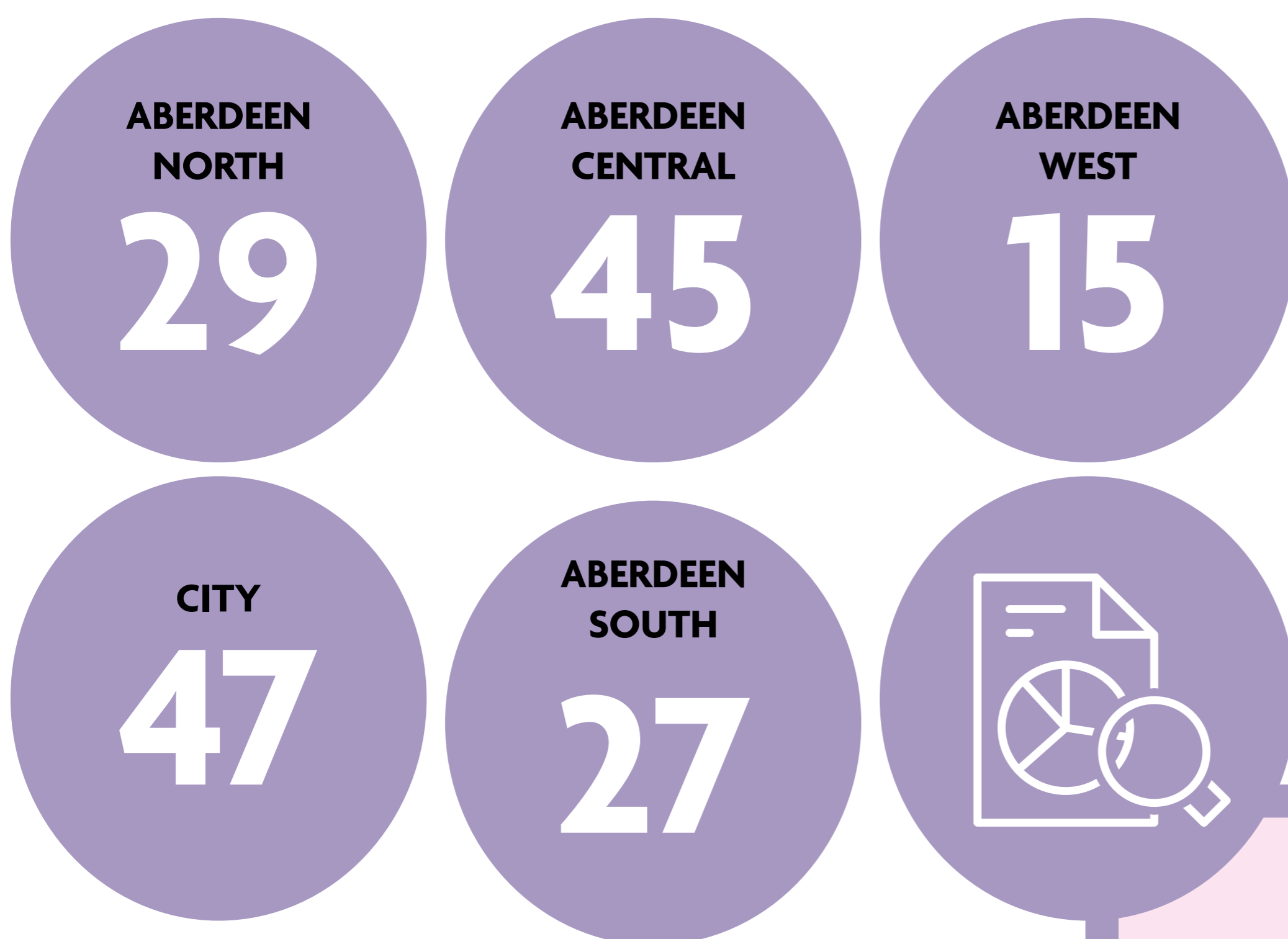
- Increased number of funded applications due to 2 rounds of funding.
- Continued to involve local people in the decision making.
- Increased use of social media and local radio to promote fund.
- First showcase event took place highlighting the good work of 2016/17 funded projects.
- A number of drop-in sessions were held across the City to support applicants.

Food in Focus (FIF) applications made up 18% of all applications.

11 out of 26 (42%) Food in Focus applications were funded.



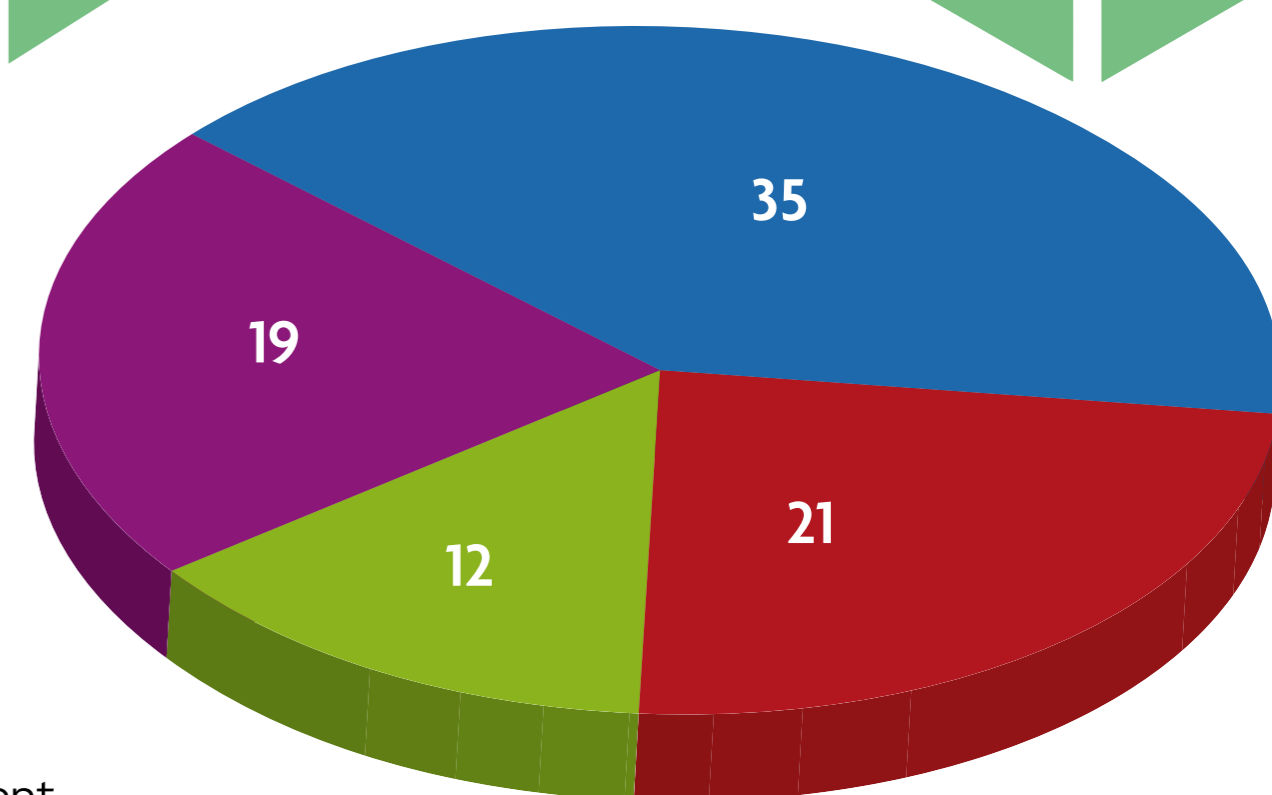
Applications Received



Funded Projects

Just over 1/2 of projects were funded. The focus of funded applications are illustrated here:

- Primary Prevention
- Self Help/Self Management
- Promoting Social Inclusion/Reducing Social Isolation
- Environmental Improvements



Next steps

- Continue with the new process
- Make changes based on learning from experience
- Learn and share on what's working well through Showcase events

Of the 87 funded projects, the top 3 sources of where the applications were from:



More information:

www.neighbourhoodhealth.org.uk/



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Facebook: Health Improvement Fund
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